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sinners #9 PUBLISHER/EDITOR: Ann Sinatore / PUBLICATION DESIGN: Stephen Banham, THE LETTERBOX. NIGHT WATCHMAN: Frank Muller / WRITERS: Neil Boyack, Michelle Tompkins, Jack Ryan, Andrew 'Bag' Sidwell, Ray Winter, Michael Mulcahy and Ilse Jamonts / ILLUSTRATION: Sonia Kretschmar / PHOTOGRAPHY: Yatzek / PROOFREADER: Filomena Murrone CONTRIBUTORS: Rachel Delany, Dave Last, Frank Pollo, Michael Bolton, Rachel Pakwalai, Olivia from Strut, Richard Muntz, Antony Giorgione, Christian Cairns Rebecca Bacon, Main Artery, The Dave Last Orchestra, Barbara Vondracek, Robyn Dean, Tony Crisp, Hyone Criscuolo, Susie Gritzas / THANKS to James Fitzergerald from KISS FM to the artists who have generously donated their time and energy and all the advertisers who have been pushed and shoved to make this magazine possible. / DISTRIBUTION: Gordon and Gotch. FOR ADVERTISING ENQUIRIES AND GENERAL CORRESPONDENCE, CONTACT: SIN MAGAZINE: P.O.BOX 6103 Melbourne 3004 *Phone*: 03 576 1032 *Fax*: 03 500 1006

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slave of the voodoo

I used to think Voodoo was a joke - just a handy catch-all word for Black Magic that rhymed with "do do" and looked good paired with "Chile". But not any more. Not since that night. I could scarcely believe this was happening in Melbourne - dear old Melbourne, quiet, boring Melbourne, wake-me-up-when-it's-over Melbourne. But the proof was there before my eyes. And in my underpants. It's going to take an awful lot of Victoria Bitter to forget...

child

by Michael Mulcahy

For a start, I'm in a cemetery. Which is not my usual Monday night hang-out. All around, torches flicker uneasily in the dread night. The incessant beat of congas fills the air like cicadas in December. And, before me, hundreds of black people are doing what black people do - dancing around, biting the heads off chickens and worshipping what appears to be a pair of over-grown barber shop poles.

To get things moving along, they drag out a virgin, wearing her debutante dress and a large pair of breasts. She doesn't seem to much appreciate the party they're putting on for her, so they pick her up, carry her over to the poles and tie her to them.

This is the cue for large men in small hats to carry in the big stone coffin. They set the coffin down and, instantly, a guy wearing the best part of a goat on his head pops up from behind a tombstone and runs over to it. He flips the lid and it's full of - what else? - snakes.

He carefully selects a snake and shows it to the crowd. They cheer, very happy with his choice. He runs over to show it to the girl, who isn't so crazy about his snake, especially as she's a virgin and knows her Freudian imagery.

He moves in real close, giving the snake an eyeful of cleavage, she gets all shy and, just when you think he's going to show her how to tongue-kiss an adder, old goat-head suddenly stops.

Because, it seems, some old guy has been rummaging around in the dress-up box, and has come up with a rather nifty-looking top hat, complete with bloodied chicken feather. He wanders over to the nearest grave and drops the hat on it. Everyone kneels down.

And, lo and behold, a body starts to rise out of the ground and into the hat. (Fortunately, it's his size.) Anyway, he's about nine feet tall, with a white skull painted on his face and skeleton all over the rest of his body.

I recognise him immediately, of course. Baron Samedi. God of cemeteries. Chief of the legion of the dead. Man who cannot die. (Relative of the Phantom?) I sense something big's about to happen. His eyes roll open. And then...

... and then James Bond shoots his head off.

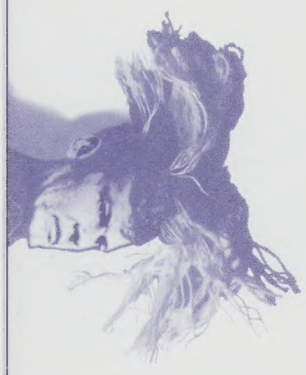
Look, I'm sorry. I tried to research this properly. But "The Rainbow and the Serpent" was out. "Angel Heart" was out. "Live and Let Die" was the only voodoo movie left at my local video store.

And let me tell you, it's a load of crap. Not just the movie (although Roger Moore was, and is, the most pathetic excuse for a James Bond ever put upon this earth), but the voodoo stuff as well.

I did, actually, happen upon a sure-fire voodoo doll recipe for maiming. You need to collect the usual hair, fingernail, drop of blood, scale of skin and piece of bone from your sworn enemy, plus a late-model Falcon.

Combine all non-metallic ingredients, circle them three times at midnight, spit to the East, and then run the bastard over.

But voodoo itself? Harmless. In Haiti, they've got their Big God - the Gran Met - but they don't much bother him, figuring he's usually too busy for the likes of them. Instead, the Haitians



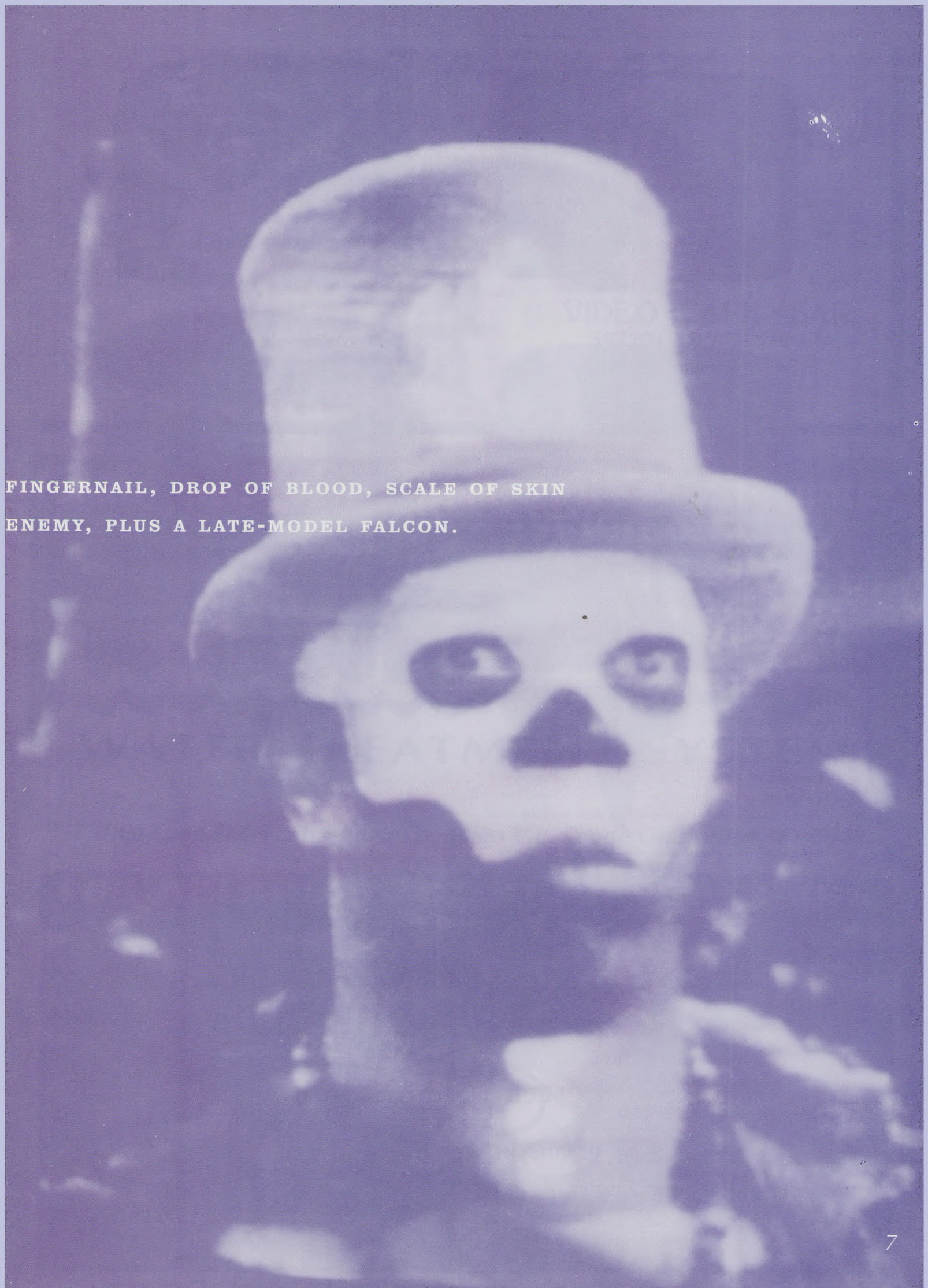
YOU NEED TO COLLECT THE USUAL HAIR, AND PIECE OF BONE FROM YOUR SWORN

I hate to tell you this, but voodoo is actually pretty harmless. No human sacrifices (they do occasionally ritually slaughter animals, but only if they're really hungry). No drinking chicken blood (unless that happens to be the name of a popular cocktail in Haiti). No zombies (unless you've had too many Chicken Blood cocktails the night before). And - I know this is going to be a major disappointment - no voodoo dolls. The French, who obviously didn't like the Haitians much, came up with that one.

Although, interestingly, there was a shop in Acland Street selling voodoo dolls recently. This really piqued my interest. Would you buy a means of torturing your enemies as a gift? ("Happy birthday! Here, have this figurine, this lock of my hair and this assortment of toenail clippings.") Or do you buy it for yourself? (And then how do you explain to your worstest enemy that you just want to follow him along to the hairdresser and the manicurist?)

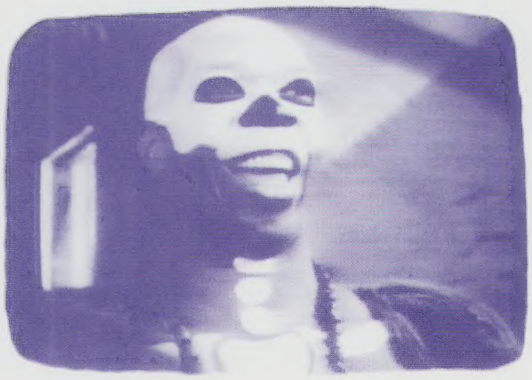
concentrate on keeping in good with the loas. These are the local, everyday, "hi-how-are-you-this-morning?" gods who can be bothered dealing with ordinary people on a regular basis. A bit like guardian angels, really.

At prayer meetings, the Voodooists just try to make these Regular Joe Gods happy and, if they're really lucky, their favourite loa will possess them. This is called "being ridden by the horse". Which is just a nice way of saying "Dancing around like an idiot who can remember all the Village People's best moves while squealing like a pig and drooling like an American President". Sounds a lot like those cranky Charismatic religious groups, doesn't it?



FINGERNAIL, DROP OF BLOOD, SCALE OF SKIN

ENEMY, PLUS A LATE-MODEL FALCON.



And you wouldn't be far wrong. Because, in order to keep the lemon-sucking Catholic missionaries happy, the Haitians pretended to worship the Holy Trinity, the Virgin Mary, the Very Special Goat and so forth. But what they actually did was incorporate them into the loa of voodoo.

So John the Baptist became Jan Batis Trasetonm. St Patrick is Damballah. St Anthony is Legba. St Michael stayed St Michael. And St George turned into Ogou Chango, which makes him sound rather pleasantly like a card trick. Plus, they hung on to some of the rituals of the church: the Hail Mary's, the Our Father's, the bells, crosses, candles, baptisms and paedophilia.

Voodoo just got rid of the boring bits.

And added drums, dancing and drinking instead.

It's like Chaser's relocating to St Patricks'.

Which isn't such a bad idea, really.

As long as no-one invites Roger Moore.

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RAOUL RECORDS

John Fitzsimons was a photographic journalist for 'The Age' but now sees a future in past lives. John set up 'Aspects' to get into the business of connecting people with their 'guardian angels'. Sin finds out if the 'guides' can tell us something about our planet, the start of time and why we would bother to come back at all.

Interview by Ann Sinatore

recycled lives

What is the Akashic Record?
It is best described as a three dimensional movie of what has happened in the past and when accessed it is like viewing a movie, the difference being that a real movie is two dimensional. You can't go behind someone or around someone. It is as though the past is being lived, only it is what they call the ethers so when a psychic, for example, tunes into the Akashic Record he or she can see those pictures. It is like a hologram that you can see from all directions.

How can you access the Akashic Record?
Through relaxation and obviously with psychic training. Anyone who does a past life recall tends to be either accessing the Akashic Record themselves or having a spirit guide pass on the information.

If the Akashic Record is accessible to the start of time then how did the universe start?
The same way life starts-matter materialises from other dimensions into the physical, and then that experience starts. Nothing is lost or gained.

Where did the matter come from?
The dimensions.

Where did that come from?
From the creative force.

It seems unanswerable because there has to be a start and where is it?
It is the God force-the creative force creates matter and then matter creates time. Outside of time the Universe doesn't have a start, spirit doesn't have a start or a finish. Your soul doesn't have a start or finish but your body does.

Then would we all be reincarnated in spirit forever?
In different forms as you may not wish to keep getting born on this planet.

But I will not cease to exist?
Yes.

Can you see past lives around a person?
I get shown or told about them.

Do you clearly see them or is it communicated through thought?
I go on a hearing level. I work with what is called co-audience. When I do past lives work it is my students who are seeing. I am told whether they are seeing correctly.

Is it important to remember our past lives?
Is it important to be happy? The more you understand about why you are today the more you can take charge of your own existence. Suppose you have a fear of enclosed spaces and it was caused by a past life experience where you where buried alive. Time often reduces the recall of that experience.

Why don't we remember them?
Do you know many people who when reminded of how many mistakes they have made, pat you on the back and thank you for it? Most people don't remember their past lives because they don't wish to. Those who don't remember their mistakes of the past are liable to repeat them. The point of remembering past lives is that you see your mistakes and don't rerun them. Reincarnation in some ways is the worst possible scenario of recycling.

How would I try and remember my past lives?
You would find yourself a competent teacher to teach you about psychic protection-guidances in the forces of God. Perhaps pray, relaxation and clairvoyance.

Can't we train ourselves to remember past lives?
Certainly, but most people misinterpret a lot of things because with the help of a competent teacher one can see the point of those mistakes. It is like a murderer who thinks back to his childhood to when he killed his first victim. One not only has to remember but see the point of the exercise.

How did you gain your knowledge of past lives?
I did some years training in a spiritualist church and private classes and groups. I went to seminars and I read.

Are all spirits on another plane?
Some of them are, some are earth-bound and some are walking around the earth dead as they haven't got into the spirit world.

Is that because they can't?
Some don't want to and some don't even know they're dead.

How do you know if there is a presence in your house?
By the way your life is. If you're finding things going wrong that usually indicates you have got someone of the negative or earth-bound nature. There are three main types of people: positive, negative, earth-bound and the fourth type: neutral.

Do we have more than one guide?
Everyone on earth has at least one and some have a lot more; if someone is doing a lot of psychic work then they might have up to ten. If all you do all day is mow the lawns you probably don't need ten assistants.

Can you contact the guides without the training?
You can but there are guides that are of the positive force and others negative. So without proper training one can mistake a negative spirit for a positive one. Certainly one can do meditation exercises where they see a spirit but that spirit may not be a good one. That is why a Ouija board is so dangerous, it is about as sensible as leading a total stranger into your house -he could be a rapist, a murderer, molest your children or kidnap your baby.

But the guides couldn't actually carry out those actions in spirit form?
No, he could do a lot worse. On the Ouija board if an entity got into your aura he could commit a murder and you're the one that ends up in jail.

So the spirits would actually take over?
They can take over because most people that mess around with Ouiga boards don't know about spiritual or psychic protection.

How do you protect yourself from negative forces?
Through pray; asking the forces of God to protect you. The second thing you would do is visualise yourself and everybody in the room radiating a white light which keeps a positive environment.

There are bad spirits then?
Of course, bad people die.

So really nobody is safe?
Exactly.

What if you are a strong person?
If you have a stronger personality then it will be harder for people to affect you and if you know about protection then you're a lot better off. Some people have nightmares, psychic draining or migranes, aches or pains all their life due to psychic influence.

Can meditation help you?
It could be very harmful because it could open you up to the awareness of the energy and open up your aura. I have people come to me from meditation classes who have had negative psychic experiences because many meditation classes teach you how to open up your sensitivity but very few teach you how to close it down.

How can the spirits get into your mind?
How many people can stand behind a microphone? Any number of people can put thoughts and impressions into your mind, and that is not just dead people.

How do you find your own thoughts?
By clearing your mind, radiating light, asking for protection by the forces of God and by going through techniques of psychic clarity

Do these negative forces influence people all the time?
Yes, everyone is affected by people to some degree. A lot of people are controlled by other people and don't realise it.

ANY NUMBER OF PEOPLE CAN PUT THOUGHTS AND IMPRESSIONS INTO YOUR MIND, AND THAT IS NOT JUST DEAD PEOPLE

Are we more susceptible to spirits manifesting when under the influence of alcohol or under the influence of drugs?
Yes, because you are weaker.

In our society people are often drunk. How are we affected?
Look at how much violence we have, how much rape, hatred, anger and jealousy.

What about Aldous Huxley who claimed he reached the spirit world with LSD?
Well, if your energy levels are fairly good to start with, a drug can have the effect of helping you out of your body. What you do depends on your temperament and energy field etc. So if you are out of your body you can go to a higher dimension. One can also go in the opposite direction and that hell of a trip can be the last you ever make because if you are out of your body and you can't get back in then you've got a problem.

So what you're actually experiencing when you're tripping is going into the other worlds?
Yes, either higher or lower. You may end up on a high vibrator rate or end up the exact opposite. Drugs or alcohol tend to get you out of your body, that's why you feel light, because you are in your spirit self but you have a body because that is where you are meant to be. If you learnt to do spirit travel in a disciplined way (astral) then you would end up where you wanted to be and know where not to go because it would be part of your training.

Have seen UFOs?
Of course.

Are the aliens going to make themselves known?
When the time is right. They already have done that mainly in the non-physical sense. What is the point of landing if we are aggressive towards them?

Are they very different from us?
Some are radically different and some are so similar that you wouldn't even notice. Some are negative and some are positive.

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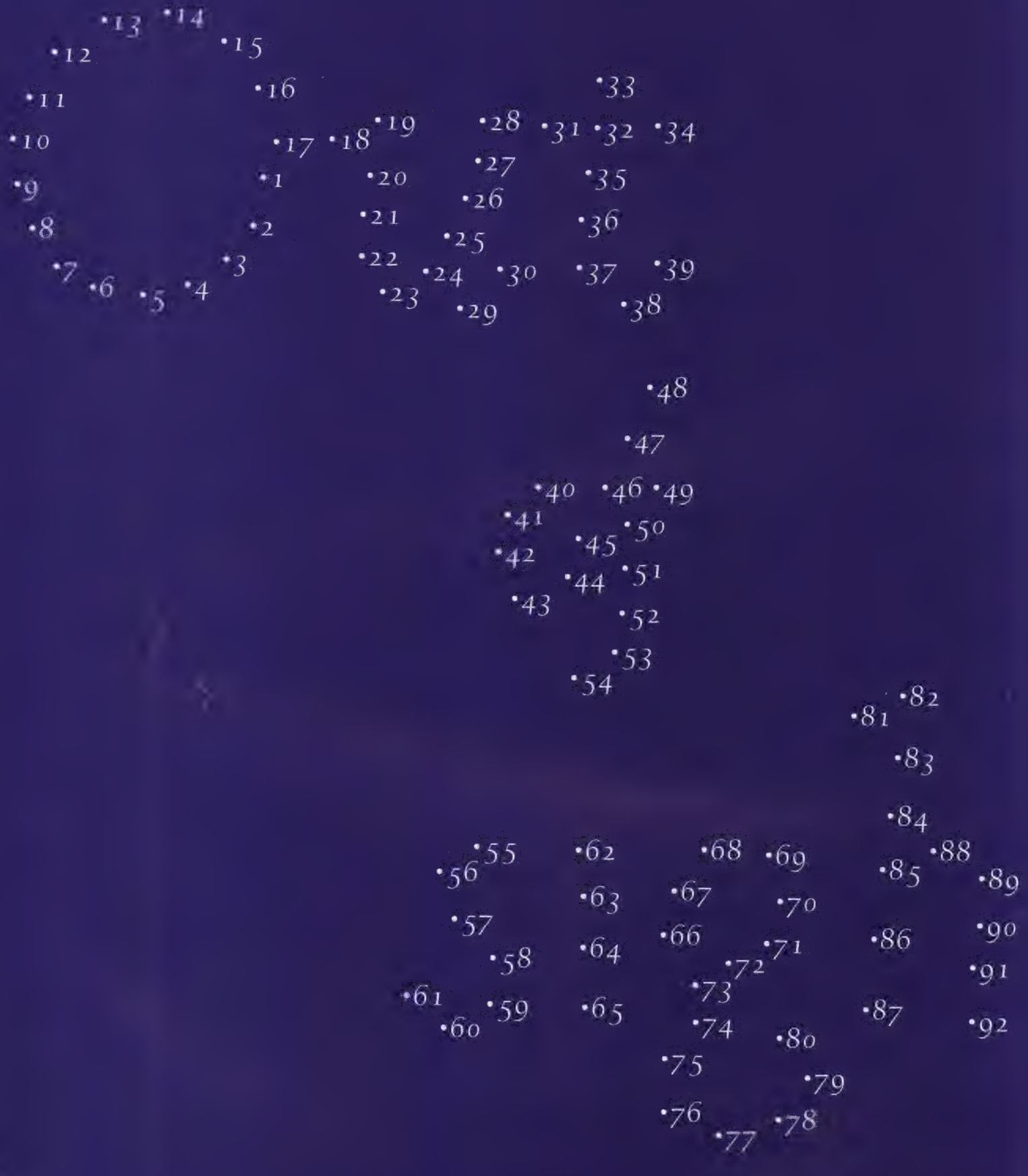
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Astronomer Rachel Webster talks to Michelle Tompkins about what signals her to see into space and asks just what is out there?

Tell me about the telescope in the Bernies Mountain Range.
It's situated in a place called Parkes and it's actually a radio telescope so it can be used to pick up satellite signals. At the moment a spacecraft called Galilleo is on its way to Jupiter and the telescope will be part of a network receiving signals from Galilleo.

How can you tell what's sending the radio waves?
Each type of object emits a particular type of radio signal which identifies it, so once we see the signature of the emission we can usually tell what it is, not always but usually.

If you can't figure out what it is what conclusion do you draw?
None. We just don't know. There are lots of things out there that we don't really understand.

What is a red shift?
The universe is expanding and because of this all objects are moving away from us. If they're emitting radiation as they move away the radiation gets red shifted. It's like when a siren comes towards you, the pitch slides up and when it goes past and travels away the pitch drops. That's because the frequency of the sound is changing due to the motion of the object. It's the same with radio waves or light waves.

Why is the universe expanding?
It's not known, it just is.

Are there other solar systems?
There almost certainly are but we haven't found them yet.

Getting on to the subject of extra terrestrials, is it ever considered that unidentified radio signals might be communication transmissions?
Even if the source isn't known we can mostly understand the processes that are creating the emission so we know if anything unusual is going on.

I understand there's a bit of interesting activity just started with the Parkes telescope.
Yes, with some added technology the radio telescope will be used for the SETI (Search for Extra Terrestrial Intelligence) project Phoenix. The US Government, after spending about $60 million withdrew funding so the SETI Institute has raised money from various different sources.

What's Steven Spielberg's involvement?
He's one of the contributors.

In your area of science what's the attitude towards the existence of ET's?
Scientists really have open minds about whether or not there's life out there, but the bottom line is - why would they bother contacting us? You can very quickly work out that if there's anyone else out there and they could communicate with us, the probability is they'd be far more sophisticated than we are. Imagine our civilisation 10,000 years on and consider what it would be like. It's very unlikely other beings would be at the same stage of development as us, so they're unlikely to be hostile. It's almost certain they'd be benign

The z-z of **dreams**

Tony Crisp, UK author of "The New Dream Dictionary", now resides in Australia.

Tony steps into the looking glass to talk about the important personal expression of the individual consciousness.

Interviewed by Ann Sinatore. Illustration by Sonia Kretschmar.

What is the collective consciousness?
Jung talks about it being prominent in peoples' dreams. The thing about the collective is that it holds individual bits of information. For example, if you put a book on a computer hard disc it is part of all the other information on that hard disc. An individual has their whole life in that collective consciousness. There is a vast reservoir of information that people like Edgar Cayce could tap into. Someone would come to him with an illness he was barely schooled in, but he could go into this dream-like state and start diagnosing in latin medical terms. He called it cosmic consciousness.

Could that be spirits or guides directing him?
This is a technical point. There are different ways of explaining it. If you went to a spiritualist they would explain it in terms of guides and getting information from a personalised spirit.

Are the lessons of a family a progression for successive generations to learn and deal with?
My individual life is probably meaningless to other people and there would be not very much of it that one would care to keep. If I were a memory on a hard disc after a few years my family might like to keep it and replay it like a video but after a few generations it would lose its relevance and there may only be parts that actually apply to their lives. The collective unconsciousness is the digestion of each life - the essence of it. There may be traumas that haven't really been fully released from other lifetimes that need to be met and understood and if they are cleared out we are changing the state of that.

Do you believe in life after death?
Yes I do, but I tend to think of it technically. When I sleep I lose my personality but I might remember a little bit in dreams. I feel that death is something like that, where there is a survival of death but how much and what characteristics have I brought into my waking life to survive? There are only certain factors that would survive the huge process of passing into the universal. I've met the death process in a way, I've died several times experimentally but I haven't set up to do that. You can't help but meet death as you go through the unconscious where there is a huge factor like a cosmic being that feels like this amazing love that takes your life, treasures anything that is worth keeping. In terms of personality it means we are digested and it is looked at deeply and all the rubbish and crap is set aside, there might be something that is loveable or that applies to humanity as a whole that can live in the universal. Whatever I have given unconditionally, love, behaviour, an idea etc. becomes a part of other peoples' lives so that will give me life after death. Spiritual life is what you have given to other people.

How do we know what actions are right or wrong?
We would need to explore the lines within our viewpoints that are made up by traditions. How we approach a problem or make a decision has emerged out of rules and regulations which we now call religion. There were things that were taboo that you must not do and things you should do and these were set up to keep that group of people functioning well together. If you are problem-solving in that way it is archaic, it is like an old computer program. Tribes tried to maintain their identity against other tribes. They all had a common belief because they were

Moral Sentiments
Selfish Sentiments
Semi-Intellectual Sentiments
Perceptive Intellect
Selfish Propensities
Domestic Propensities
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not only obeying the same rules but they all felt connected to each other and were working towards something beyond them. It is tribal and it worked wonderfully well for small communities but it does not work well on an international scale.

Is it a similar process when two people meet?

We have all got things in our behavioural repertoire that we call our personality. We are very guarded and say that is "me" but our personality is simply a set of behavioural tools that we have picked up from other people, especially from our parents and culture. We could say "ok that is me so far, but I'm on the lookout and I want to learn more" and then gradually we become a bigger, fuller person and our boundaries aren't quite so rooted. I feel that is important in a spiritual sense. I like to use the word love because if you love a person and open yourself to them you let that person in - you are actually taking in bits and expanding.

"If you have a problem and you sleep on it the answer will come to you in the morning." How true is that?

It can be true but I think a lot of us haven't learn't how to make it happen. It can be done and some people can do it. You have to be making an effort and extending yourself which stimulates our inner process. If you think of some of the great scientific inventions that have been made like how Einstein talks about his theory of relativity. He got the first inkling from a dream when he was fourteen, he was already thinking about these things when he had this dream that he was on a sledge going down a hill faster and faster until he was faster than light and once he hit that speed all the world changed around him - all the colours, everything transformed and that was his first inkling of the transformation of speed and time - time and space. He just worked on it from then on. These are people who are giving it their all.

Can you visit someone in dreams?

Many people have experiences of sharing the dream, the transference of awareness to a completely different place. We are barely aware of the possibilities of what our mind can do by going beyond time and space.

Why do we dream in terms of symbols?

Our being has different strata and different levels. When you sit in a car you're sitting in a part of it that was designed for you as a driver or as a passenger but if you go underneath the bonnet there are all these sorts of things going on that you don't need to know about. Human beings sort of live in the driver seat a lot of the time which we call our personality and we are looking out of the window screen going this way and that. We have the resources underneath the bonnet that come to our aid when we want to remember a telephone number or we want to move our legs, all of this process is going on in the unconscious. In the conscious mind we have the reasoning ability and mastery of language but that is just in the personality and there are other functions that don't function in that way. There is an in-between state to communicate information between the verbal self and the feeling self. Symbols are that half way state often to get information from levels of our being that are completely outside the rational mind. Symbols are human beings' first level of thinking prior to the development of language.

YOU CAN'T HELP BUT MEET DEATH AS YOU GO THROUGH THE UNCONSCIOUS WHERE THERE IS A HUGE FACTOR LIKE A COSMIC BEING THAT FEELS LIKE THIS AMAZING LOVE THAT TAKES YOUR LIFE, TREASURES ANYTHING THAT IS WORTH KEEPING

What should we do with our dreams?

Record them and get used to being interested in them. There is a wealth of imagery going on every night. Look for the themes i.e. are you running away from something? are you the hero or victim in your dreams? Don't worry too much about the symbols just the basic events and question yourself: is that what is happening in my life? am I the victim? am I running away? It is very important to know and then once you have got that your dreams move on to the next stage i.e. why am I acting like a victim? am I not expressing myself or showing my value? That is the beginning, then perhaps you can look at the "language" in dreams and understand it is very much like language in everyday life, for example, got the sack today, so scared my legs turned to jelly, ripped my guts that. If we take the time to think of the idioms we use we can get it straight away.

What dream interpretation was most important to your life?

At the time when I had this dream I was searching for a spiritual path, doing hours of meditation, yoga practices, etc. Then I had a dream that I finally found God but he told me to go back and get on with my everyday life. I was angry in the dream because he seemed just like other authorities telling me what to do.

I interpreted that dream as saying to me to stop my frantic search because I was running away from myself and I couldn't find it any other way but to confront myself and my frightening, painful childhood memories. What I was looking for was the spiritual and that is at the heart of my own being.

PERVERT
PERVEWEAR

WHITE WITCHES ON THE BOIL

How old is witchcraft?
Witchcraft is the oldest eastern religion in the world which predates Christianity, Judaism, Hinduism, Buddhism, Islam the only thing it doesn't pre-date is the religion of the Kooris and the North American Indians but it is synchronised. It is as old as those co-equal with the native folks.

What are the problems you have with Christianity?
Very fundamental Christianity says if you do not worship God in Christ then you are worshipping Satan and so there are only two choices-God or Satan. I do not believe that that absolutely wonderful man ever said that. Because my relationship with Jesus indicates that he is not that kind of bigot and if that is what he did say, that is not what he meant. By that definition anybody who is not a Christian - the Hindus, the Buddhists, the Jews, the Kooris, the North American Indians are all Satanists. This is ridiculous and yet despite this incredible stupidity it is a belief that is held by a large number of the general public.

Did the Renaissance bring about changes?
At the time of the Renaissance, intelligent, well-educated people started to discover the ancient mysteries. The mysteries whereby the human and divine spirit had knowledge of each other. The Church of course tried to prevent it and the word occult which simply meant that which has been hidden for a long time became synonymous with evil. To my horror I find it is still true in the modern world, if you say you are an occultist people immediately come to the conclusion that you are a satanist and now the media is doing the job of the Church.

Historically what did the Church do to stop progress?
It was the Church that opposed Christopher Columbus, and Galileo. When Galileo stated that he was sure that the earth moved around the sun (in opposition to the bible's view that the sun moved around the earth) the Church dragged this seventy-five-year-old man before the inquisition and made him kneel down on a hard stone floor to say that he was wrong. The Church opposed every scientific advance. It opposed the use of chlorophyll to ease pain in childbirth because in the bible it says "in sorrow thou shall bring forth children". The bible said women had to suffer.

Didn't they just interpret the bible incorrectly?
Of course they did. It was all part of women-hating and controlling women. You have to know Hebrew and the social and political background in which it was written, it didn't just fall out of the sky - it was a political document and it has to be seen as such.

What is the make-up of a witch?
Witches are the most innocent, nature loving and goddess-worshipping folk that you will ever meet in your life. Witchcraft is a religion and if you were not raised to it by your family then you have to undergo a conversion like any religion to become a witch.

How do people experience conversion?
God reaches out and touches them, or, in the case of witches - the Goddess because we worship a feminine principle of deity. We regard the earth under our feet as our Mother just as the Koories and the North American Indians do.

Should we use crystals for spiritual purposes?
No, I think we should leave them in the ground. If you're going to work on the principle of pagan people, they all believe that the planet is a living being with a level of consciousness that is different to our own; slower than our own but nevertheless there. All living beings that live on the planet, from the viruses to the humans, all must live in an interlocked relationship; a web of life on the face of the Mother that sustains us. She gives life to us and we must give respect to Her.

The structure of Mother Earth is extremely complex, she has these incredible veins of crystal running through her body. Considering that the surface of the planet (until we started to fuck around with it) worked perfectly, surely we should assume that the internal structure also has a purpose. The veins of the Earth, particularly the crystal and metal, work in the same way as our nervous system and it works on the same two levels; we have a physical nervous system, but we also have channels of energy that run through our body called chi and that is why an acupuncturist inserts a needle at the conjunction or blockage in the chi which is not physical; not visible to dissection. The earth also has both the physical nervous system too, with the veins of crystal and an energetic nervous system with lines of chi that we call lay lines - lines of pure force that run through the earth. Our ancestors practised acupuncture on the planet by putting up standing stones, great big needles of stone which they put in the earth at vital places sometimes in circles such as Stonehenge. Our ancestors poured in psychic electricity and performed rituals and they respected the earth's body and her systems the same as they respected their own bodies. The "New Age" period popularised the use of crystals as toys, now they are ripping the goddess's nervous system out. We are going to destroy this planet and so we have got to stop selling them and buying them.

What is the purpose for the individual learning your religion?
The teaching of the ancient mysteries of physical incarnation is to learn the lessons of manifest creations and then move on to a higher level where there is no physical manifestations. We are here in physical bodies again and again. You have just got to keep learning about right and wrong.

What is the point of reincarnation if you can't remember your past life?
It is a drag. We all object to that but I actually think it is a mercy. I don't think I would have liked to have spent my childhood with some of the past life memories I've recalled. Each incarnation has a prime purpose. There is one peak important lesson that we learn because we are really not capable to learn more than one. That is why you see people out there who are so different from you; you've got people accumulating money, wanting security, or having problems that you don't have and that is what they are doing now. There is no greater or lesser, there is just difference. By the time you're forty the wisdom of the druids agrees with Dr Jung that you will look back over your shoulder and see the issues that have been repeated again and again throughout the first forty years of your life, and you will know the issue that has caused you pain. The thing that you have had to struggle with in various different guises, that you may not have recognised, will reveal itself as a pattern.

Are there unseen entities that exist?

Most people take for granted that most people have auras and astral bodies which are not part of the physical body although it penetrates the physical body. All religions talk about a life after death so unless you are one of those really conservative scientists who only believe what they can see, you will find that the majority of people have a belief in the invisible reality that is human, call it the aura, psyche or personality. There are levels and levels of existence that are beyond the physical-like plants, animals, rocks, stones, wood, fire, air, and water that also have that spiritual existence. Our ancestors and native cultures of today still recognise that and every single culture in the world has a name for those spiritual beings whether they call them fairies, elves, elementals, dwarfs, salamanders, undeems, triads, niads, gnomes, angels or archangels. They are destroyed by pesticides, hatred and fear from physical beings because they are beings of light and if you hit them with negative emotions that makes them ill, just as when viruses impose themselves in our bodies.

What are the elementals?

They are in the process of involution, just as we are in the process of evolution we are already involved in matter and we are evolving out of it into spirit. Elementals are involving into matter and there is a teaching that eventually these elementals will incarnate into physical bodies but it will take a long time. It is our task to relate to them positively to give them good role models. They see us in our physical bodies and want to be like us and we have a responsibility to look after them and give them a good role model on how human beings live. They need to be nurtured, taught and taken care of.

Does that mean we have to protect elementals from our anger?

We must act out our angry emotions. In the temples of the ancient world that was done in sacred space with the priestess casting a circle that evoked protection for the elementals so that they weren't damaged by the pollution that the human psyche was producing but we don't know how to do that any more. The Buddhists used to do it too and they talked of the angry ghosts that were created on the astral. We have to go to a lot of trouble to contain and maintain human sewerage so it doesn't pollute the planet and we have to do the same thing with our emotions

How do we get rid of our angry emotions?

You can get as angry as you like and if you have the knowledge you can say to the proper inner planes: "Here is all of this angst, it is in the circle now, take it away". That is what the archangels are for and the one who is best at it is Gabriel, she is the archangel of water and therefore cleansing, healing and washing away. All you have to do is ask Gabriel to take this muck away. I have a visualisation of Gabriel with mop and bucket, cleaning it away.

In your work you perform exorcisms in haunted places. Why are these people left behind?

There are the "dead realies" who are those who have died and for various reasons not moved on. People can often get left behind and this happens in cases of sudden or violent death.

THE CHURCH OPPOSED EVERY SCIENTIFIC ADVANCE. IT OPPOSED THE USE OF CHLOROPHYLL TO EASE PAIN IN CHILDBIRTH BECAUSE IN THE BIBLE IT SAYS "IN SORROW THOU SHALL BRING FORTH CHILDREN". THE BIBLE SAID WOMEN HAD TO SUFFER.

I've been called in to do the old prison in Castlemaine, the council has asked me to exorcise the prison because they have this empty prison that they can't use because it is as haunted as hell. We have this problem because the people who lived in the settlements in Australia for about the first one hundred and fifty years were not deeply spiritual people. There wasn't a Roman Catholic priest for the convicts for about thirty years so they were not especially religious people. There was a lot of sudden deaths and most of them got left behind because they never spent a moment's thought in their whole lives on what happens after they die.

Are there cases where the deceased wanted to stay behind?

There are those who choose to stay behind like mothers, spouses, grandparents who cannot bear to leave and they are the main source of channelling for the spiritualists; that is who they are having communion with - the ones who have chosen to stay behind. The spiritualists have what they call a "rescue service" for those who didn't choose to stay behind and got stuck and they can send them on. If you move into a house where a deceased has stayed behind for say ninety years and no-one has shown them how to get through it is going to be quite difficult and they will be in the most incredible state of panic. The other category is atmospheres that human beings create, ambiences that we create with our minds on the astral.

If you move into a new place will it have a past "created" energy?

Yes, because of what is going on in our society today e.g.: rape, incest, child abuse, drugs, alcohol. There isn't a family in this country that is not affected by one of those things. This is happening spiritually on the astral in the houses where that event happened. The house spirit is hysterical because it has the screaming of a terrified child (if not physically, silently) and that stays in the house and changes the house spirit into a very sick, ghastly thing.

How do we get rid of it?

Easy, if the atmosphere was created from fear, anger, hatred or violence it needs to be counteracted with love, and peace and joy. Practise your religion and get your family together to light a candle, chant or pray. It doesn't matter what method you use as long as it is positive and beautiful. If you're a witch you get your children to dance to the goddesses and you keep doing it until you have healed the house spirit. All houses have entities within them.

What do you think is the purpose of dreaming?

It is the part of reality where we sort out our shit. Everybody in a dream is themselves, you are journeying in your own pysche which doesn't exist in your physical body. Your pysche exists in your astral world and your astral body goes there to do your work and integrate. Some dreams are what I call "housekeeping" dreams where your psyche just sifts through all the shit that happened in the last couple of days. Then there are dreams you know are important because they affect you and make it hard for you to function the next day.

Your unconsciousness is peopled by people that Dr Jung named archetypes, the unconscious is working hard all the time to make you a healthy, whole and integrated person. We spend our lives bringing all those different parts together to form a whole that Jung calls the self. When your unconscious is doing something it wants to tell you, the problem is the unconscious speaks a different language in the form of symbols and it is the work of a life time understanding the way in which your own unconscious works. It is a very personal thing and you need to know who you are.

People are obsessed by love spells. Can they be harmful in any way?

It is a very medieval sort of magic. People have come to me because they want lovers back through love spells. It is the sort of thing that witches used to do in the middle ages which was the absolute piety of our faith; it is when we sank to the lowest possible denominator because of ignorance. It is a serious "no no" because it is cohesive; it overrides someone's free will and it is therefore black magic and unethical.

How are love spells performed?

It is generally tacky magic which involves body parts; hair, fingernails... It's pretty medieval but it works.

Can you define what magic is?

Magic is the art of changing consciousness at will. That is the technical definition of magic. In general usage it means making changes in ourselves, spiritually, psychically, or in the physical world by using the powers of a trained mind and it requires years of training. It is not something that you can learn from a book.

Do you have an inner voice?

Yes, and what becomes really scary is when it becomes an audible voice. It does make one doubt one's sanity, which is good, because the people who have forgotten to question these things and believe that every thought that goes through their head is a word from God are very dangerous people.

NOW YOU SEE HER . . .

"The purpose of magic is not to create a puzzle to be figured out. It is to create mystery to be experienced with wonder" "

"What law of gravity?
Drugs have a limited use in magic"

"The man who has lost his sense of wonder is a dead man"

SAM ANGELICO, MAGICIAN. 1995

CREDITS PAGE 24

~

Rachel wears the Miss Gladys Sym Choon Mandarin top & skirt
Tattoo by John Enwistle.
Hair by Tribe.

CREDITS PAGE 25

~

Rachel wears the Miss Gladys Sym Choon evening dress & gold glitter shoes.
Sam Angelico appears in costume created by Angelico & Rose Chong.
Shoes by Rocco.
Headpiece from someone's calculator and other missing parts.

CREDITS PAGE 26

~

Rachel wears the pink slip dress by Blah Blah.
Makeup by Strut.

Photography by Yatzek.
Shot on location at The Comedy Theatre in Melbourne.

Blah, Blah, Blah...

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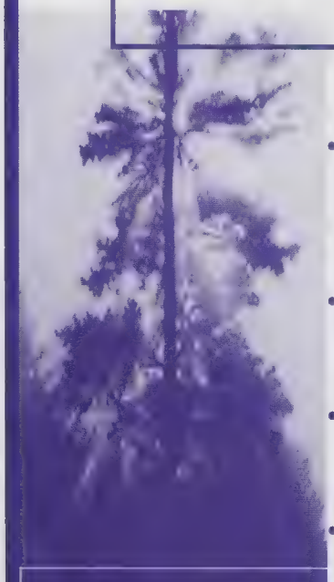

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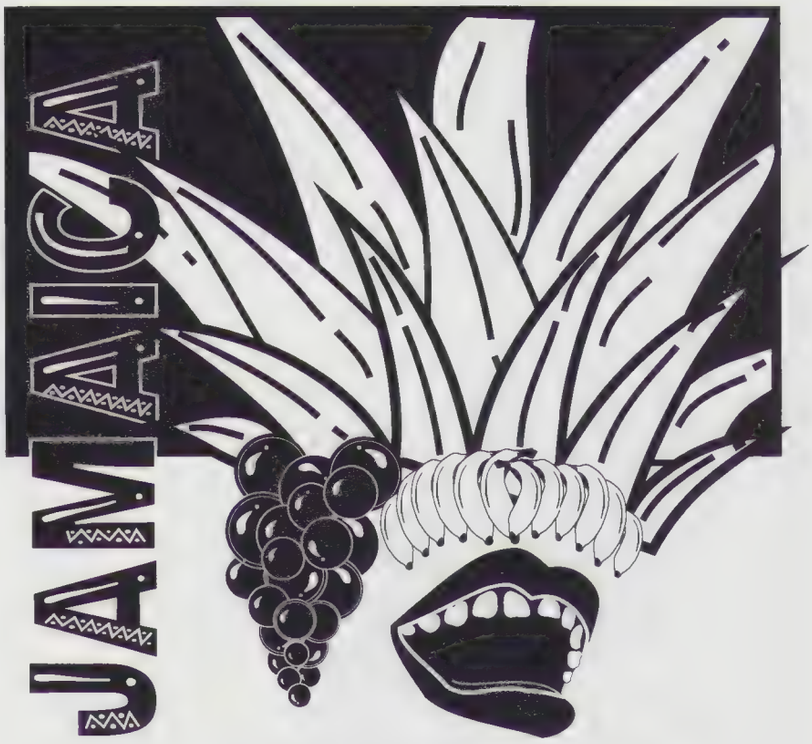

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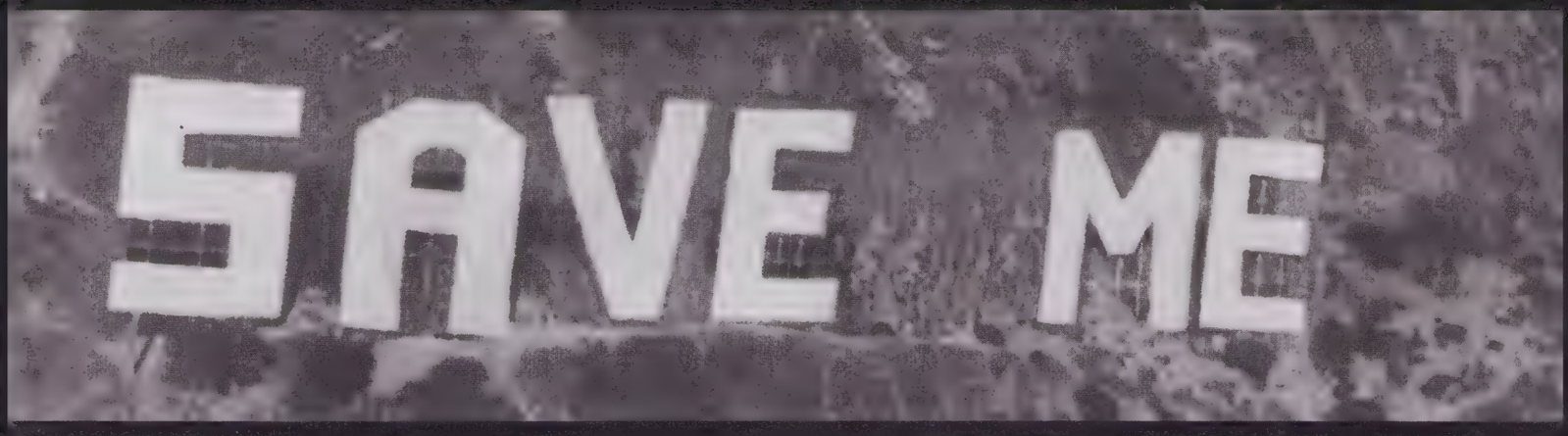
By Ilse Jamonts



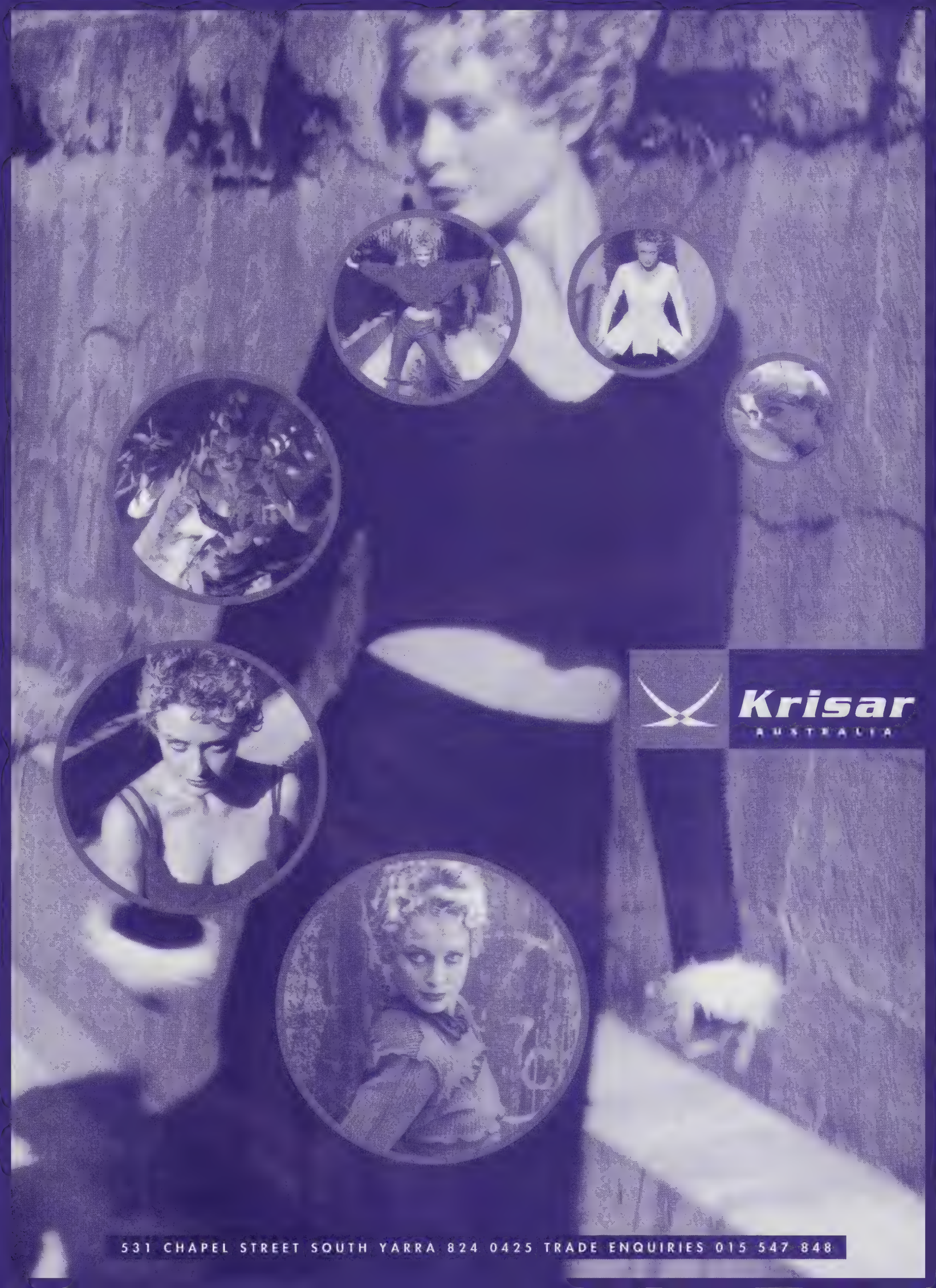
Have you ever made love and felt your senses shift suddenly? The man or woman before you looks and feels like a wild mountain animal just emerging from the forest; voracious for sexual satisfaction yet taking their time deliberately to enjoy you and the situation? Your hair rises and your sense of smell heightens astronomically? You have entered into a fecundity rite thousands of years old. You have entered Pan's World.

Have you ever experienced a time with your partner where you both have fallen into a kaleidoscope of colour? Your senses become surreal and time disappears. You have fallen into Abyss, into the border realms of the Underworld. You are a Being so large that you know what it means to be the Earth, and the other is above and around you, the Universe.

Or that quiet walk in the country alone? The birds and the animals come to you unafraid. You have strolled into Artemis's realms, the Goddess of Solitude and Nature. Communion with the Divine in all and your Self. It is just that.

Whether you knew it or not, you had leapt into the Realms of the Gods and Goddesses. The world where archetypes live.

Gods and Goddesses are energies. Powerful states of being that can move through you and be generated by you. We use the terms Gods and Goddesses and slot them into identities to grasp a concept to understand ourselves better. Yet in that attempt to grasp, we lose something.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Jung stated that archetypes are forces that rule our personalities, and this happens unconsciously, something we have no say over. I for one don't believe this entirely. "We seek our future as we turn to our past...beyond our walls of ignorance await most ancient stories blest..."

There are not many modern day legends and life role models that I believe or that many others I have wanted to follow. This has driven many seekers, including myself, back through time to find stories and identities that have enough power and force to move us and show us ways to go beyond our mind sets and self concepts.

The Ancients had such identities. The Egyptians, the Sumerians, the Celts and the Greeks grouped them into sets of Gods and Goddesses.

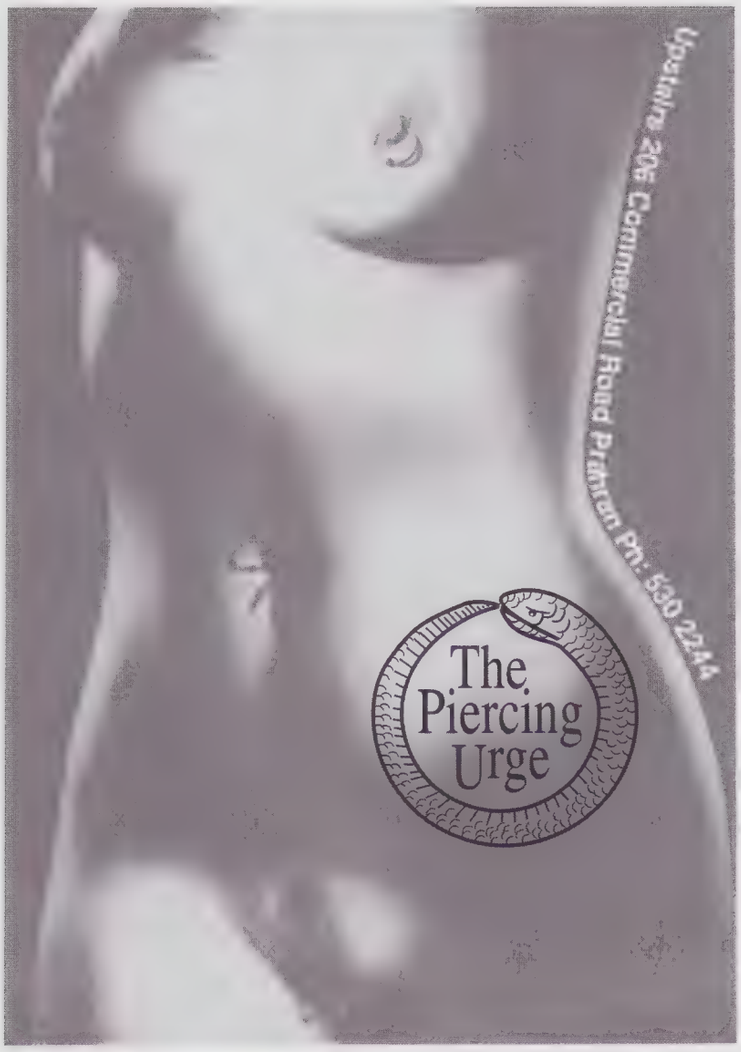
Generally the quickest way to be something, is to act like it. More likely than not these forces are already controlling life. Oh, but you do have to remember, these archetypal forces are like Janus and have two faces, two sides of expression. Through one door you enter their Hell, the other leads to their Heaven. The Ancient Greeks knew this. These archetypal forces can control you or you can control them, but of course this means dealing with the consequences. And both sides have their tithe.

Most ills, the Greeks knew originated from the soul. They were a frustration of spirit, the repression of these forces. You needed to find out which Gods or Goddesses were seeking expression through you, acknowledge them, honour these impulses then peace and healing would surely follow. Now this didn't mean free licence to act out just any impulses that moved you.

Some examples that belong to the Ancient Greeks were - Ares, the God of Fire and War; Demeter the Mother Goddess of all Life; Dionysos the God of Ecstasy; Persephone the Goddess Queen of the Underworld; and Aphrodite the Sex Goddess.

To be any use to us today they have to become living symbols, qualities of being, that, if easily identified can show us how we can be. People who express these powers in their daily life and do it well become legends, such as Marilyn Monroe, James Dean, Prince, and Madonna. Films about people you can readily identify with are really stories about these God and Goddess powers. But we don't have to be mega stars to explore and express these energies. If you dare to open your awareness to the possibility that fabulous passions and dreams are available to you, then they are. Or if you believe that these states of being are beyond you and so far away that they are unreachable, then they are.

Take one energy I have mentioned, Ares. He embodies the force of War and Anger. Did you know he was also the God of Dance and Change? Whether you experience yourself as a wounded warrior like the one Russell Crowe portrayed in "Romper Stomper" or the Dancing Warrior who "Danced with Wolves" as portrayed by Kevin Costner it is up to you. It's obvious what the consequences of Ares energy are - Ares can play you or you play with him.
Another example perhaps? Madonna and Marilyn Monroe. When I think of these two icons of sex who wielded Aphrodite's powers so well I can see them looking into the mirror and seeing the face of the other there. Both expressed aspects of the same energy, both dealing with and suffering the consequences of use of Sexual Power. One exploiting, the other exploited. Madonna will never gain sympathy from society in general - the price she has paid for such conscious manipulation of sex energy. Marilyn never gained respect in her generation because of her use of Aphrodite's energy.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To work these archetypal energies consciously into your life takes a lot of guts. The pathway into the world of the Gods and Goddesses is littered with many fears, habits and the unknown. The journey will take you through all levels of self discovery, from the physical, the emotional, the mental and into the soul. If you can't go the distance you can't wield their power for your benefit. And that of course is only part of the process.

Dionysos is another interesting force, his trail is littered with fools and drug addicts, a most dangerous razor-edged path to follow. Kurt Cobain of Nirvana comes immediately to my mind as a modern-day person expressing his energy...Substance use to alter perceptions dogs this trail, and the fear evoked is understandable, though I believe society often overreacts to it.

Just think, every time you enter a place where dancing, drinking and play mix together you enter his realm. One test on his road is, what are you like the day after? If guilt and shame are your bedfellows next morning, you have a long way to go. Because the flip side of this God of Ecstasy is Bliss.
Jim handled the reigns of the Revelry Jaguar and-mass catharsis followed. He was seeking Dionysos's spoils of peace and stillness and didn't reach it. To transform Dionysos's energy for orgy means bliss, a state of transcended consciousness, the place of stillness in the hurricane of ecstasy is not death.

Let your intuition lead you further on the path to fulfilling your dreams and living your life to the max, if you're not doing it already! And remember they are not you!

Ilse Jamonts, Artistic director of Triple Muse Trust, writes and produces mythological plays about such identities, and as Director with Annie Watkins of Capicornucopia Music company has made Audio tapes, musical imagery journeys into the Garden of Goddesses and the Temple of the Gods.

Stan Deyo, a Top-Secret spy for the American FBI, space propulsion "genius" and "free" energy guru fled the States for refuge in Melbourne after his spy role was accidentally exposed to the wrong people during the Nixon Administration.

While Watergate raged in the States, he travelled Australia incognito trying to elude the various intelligence agencies who wanted to "encourage" him to keep silent on the extremely sensitive issues of energy, "UFO-like" propulsion and Nixon's secret war with J. Edgar Hoover.

Stan, now residing safely in Queensland, speaks freely to Andrew 'Bag' Sidwell who tries to get a word in...

I hear that the American Government will have to release the information that they have on an alien spacecraft?

The American Government doesn't have to do anything. It's just too big. It has allowed the people to think they've won by forcing the Government into telling the truth on the whole extra-terrestrial issue. There are a lot of people around who still think the masses won the revolution; and that we have had democracy since then; but we never have and never will. Even though the Government appears to be releasing some of its dark secrets. you can bet it's on their terms through their mouthpieces.

Why aren't people told directly?

The Government can't come out officially and announce it; they have to let it sink in and raise the public awareness to stabilise the community's acceptance of new data. I know this is how it happens from where I get my information (I still get help from inside various governments). I'm sure the reason they are doing this is not to be disloyal but to release information in a manner that if it gets out of hand they can step up on the TV or radio and say, "That guy is not a trained archaeologist or seismologist or physicist; he's just a jerk, don't worry about it". It will be OK. This is probably the cleverest way they could have released the bad news.

You worked in Australia with the members of the Melbourne Club, how did they operate as the Government controllers?

Any Government needs to borrow money to run nowadays. Folks like Sir John Williams of Adelaide Steamship, Sir Henry Somerset of APM (and the CSIRO) and Sir Arthur Rymal of FCA make funds available to the Government on long-term paybacks. These guys are part of the invisible power group which effectively controls any Australian Government in power by pulling the financial strings and by using "the old boys' network".

Certainly the Melbourne Club is primarily a Liberal Party camp; but their influence extends into the Labor Party and the Workers' Parties as well. Remember, Don Chipp was one of their boys from the start. I think they all thought they were doing the right thing to preserve their vision of the right Australian way.

What was your working role with the Melbourne Club?

I was quite excited when they told me what I'd be doing to help Australia. They were going to set me up in a research facility where I could work on my novel method of extracting electricity out of the environment using a tuned, thermionic conversion process. They did not want me to work on the circular-winged propulsion systems; as they were light-years ahead of me in that area. In fact, I was cautioned to forget that subject entirely.

However, way early in the game, I complained about having to keep these marvellous technologies away from the people who needed them the most. Starving, sick and dehydrated masses of the "South" were everywhere, while the world community in the "North" happily threw good food into the tips to balance economies, established weight-loss empires for the grossly fat, built up empires to heal man-made diseases, produced narcotics to dull the minds of the people, lavished over luxuriant lawns and dumped copious quantities of water into their personal swimming pools, toilets and showers.

The Club planned decades into the future for every State and for every citizen. The Club didn't like my idealism at all; so it was not long before they closed the cover on my bulging dossier and I was out in the cold.

Are you seeing what was planned in action?

I'm still seeing signs of the things they told me in 1972. I'm still seeing things happening with politics, trade, immigration, industry and labour relations which they discussed between themselves in my presence inside The Club. I was still so new to Australia that I didn't appreciate the implications of the names they manipulated over coffee, port and cigars. R. J. Hawke, Don Chipp, Bill MacMahon, Billy Sneddon and a host of others in the media and academia as well were moved around like pawns in a game.

Did you have a good relationship with them?

We disagreed on a lot of issues. I vote Liberal today to save time; because in the end, the same policies will manifest under any of the parties in the current system of Government. I was an angry young man at having been transported half a planet away, I had clandestine agencies chasing me for reasons I could only surmise. Now I've cooled down. I don't know if you could call them "good guys" or "bad guys" but if they are part of the much-mentioned "New World Order"... I...well I wouldn't support them.

Is the New World Order still growing?

It is not totally in control of China or Europe; but it is getting very close to the consolidation of power. We have known for about thirty years that it would require a global threat or problem to unite the peoples of Earth long enough to overcome their cultural differences. There will be either a real or faked alien landing on Earth because aliens from outside all human cultures would not have a "clean slate". They would have no political affiliation; they would have superior technology (magic to some); and they would have a working social formula; so they would get our respect, our fear, our loyalty...even our very souls...

"THESE GUYS ARE PART OF THE INVISIBLE POW ANY AUSTRALIAN GOVERNMENT IN POWER

In your video you mention that all the information at this point in time seems to point to the fact that we have been invaded. Is it a gradual invasion over the years?

I think "invaded" is the wrong term; as it implies a recent development. It should be more like "monitored" as these "evil" aliens we speak of were apparently once a part of the truly "good" "Elohim" which created mankind in the first place. And, yes, the monitoring process of the evil aliens is becoming more open; or so it would seem.

I think we are going to see the fulfilment of several ancient prophecies in the near future. There will be so many wars and rumours of wars that people everywhere will cry out for "peace and security". This has already started in the Arab and Israeli dialogues. They have used exactly the same words the prophets foretold, "peace and security".

The prophets do appear to say that the wars and natural disasters (earthquakes, asteroid impact, solar malfunction, diseases, alien interference and so forth) will totally remove certain continents and will kill billions of the people before everything settles down for the often-mentioned, "Millennium of Peace" in which "the good aliens" will help us re-build the planet after having dealt with the "bad" alien intervention of our affairs. I'm no prophet, myself; I just try to translate the stuff as accurately as possible; and, then, to interpret what they have said in terms of current and future events.

What do you see as the political fate of the world?

As I said, I think we are going to see either a real or concocted landing of alien beings who will make a deal with a strong world leader who will eventually use their help to entice the world into a New World Order under his "benevolent" dictatorship. He will promise peace, love and harmony. The public will be totally convinced that the arrival of these beings will be in their own best interest; but this will quickly sour when everyone will need to wear a citizen's ID number or a special emblem in or on their right hand or their forehead (sound familiar?) to buy or sell anything at all. A new cashless society will emerge as a means to correcting inequities in the global economy.

What is the device that will be used as a citizen ID?

It will be a form of miniaturised and self-powered microchip which will be so small that it can be injected by needle into the periosterm layer next to the bone. It will be an active circuit; so it will generate its own power from the radiation of body heat. The chip will allow a person to be tracked up to 10 kilometres away.

If you think this is preposterous, I draw your attention to the fact that I have a working model of the same system which is already being used to tag animals in my possession. This circuit is a passive one; so you need to power it with an inductive loop held near the animal's chip which is in a small glass vial about the size of a grain of rice. The animal's details are then read out into a computer.

Do you find the religious documents a reliable source for these predictions?

Religious? Yeah, I guess you could say that. I mean, I study the Bible in its original languages, when possible; decipher as much of Nostradamus' writings as I can; contemplate Ursula ("Mother") Shipton's prophecies; study Vedic poems, Egyptian hieroglyphs and Aboriginal lore; read portions of the Koran; study Plato's Timaeus and Critias Debate; and, occasionally, I have a very prophetic dream-vision of some future event which always happens. If this is using religious documents, then, yes, I do.

In regard to your current research what is the most exciting discovery in the past year?

That's hard to say. I guess I'd say it's the rise in earthquake activity around the planet; but there were a couple of other items which were quite stimulating as well. You see, with my computer, I link into the American earthquake monitoring or

GROUP WHICH EFFECTIVELY CONTROLS

BY PULLING THE FINANCIAL STRINGS .."

seismological survey computers and run correlation tests with other sources of data from NASA and the Smith-sonian Institute.

This has enabled me to discover several incredible things about earthquakes, volcanos, plate tectonics and other related oceanic phenomena. If my correlations are correct, then there are several areas of the United States, Japan, the Philippines and Indonesia that I would avoid like the plague for the next three years. Most of the US west of the Rockies may be so badly damaged by such severe earthquakes that mass migrations of people and industries will flow east of the Rockies over the next few years.

What is causing the earthquake increases?

The core of the Earth is subject to disturbances in both the spin of the planet and its magnetic field. Variations in the solar wind and in the sunspot numbers on the sun have been increasing in a fairly predictable pattern over the past fifty years; and recently we have been able to correlate sunspot numbers to earthquake numbers with a 96% correlation (which is amazing!). If the pattern continues, our Sun may soon undergo a most singular change in its energy emission levels. So, when it does, we may experience violent earthquakes as well as major climatic changes and super storms as a result. The Sun does not appear to be as stable as some official groups would try to tell us; but then I understand why they would have kept a lid on these possibilities.

Have we witnessed anything like this in other star systems?

Yes. Although a number of variable output stars like the Sun have suddenly flared (novaed), the scientists are divided as to how the mechanism really works. The only close star we have to observe is the Sun which is obviously so close that when it novas it will be too late. About five years ago a number of physicists became perplexed at the low number of neutrinos in our Sun's emissions. Their equations have had to be re-hypothesised to compensate for this and some other puzzling matters.

One musn't forget the increased probability of an asteroid impact on Earth of such magnitude that it might wipe out an area of half the size of Australia on impact and generate a "nuclear winter" later. We are just now beginning to have enough data to predict some of these potential collisions; and the prognosis for Earth is not good. We have had three near-misses in the past five years alone.

Do you realise what damage an asteroid 3 kilometres in diameter and travelling at 50,000 kilometres per hour could do? There was one about two years ago named "Teutatis 4179". It was about the same size and speed I just described; and it was within ten lunar radii of hitting us! It returns about every two years. They have also just recently discovered some 500 other asteroids and planetoids in orbits which are uncomfortably close to Earth's orbit.

Did an asteroid collide with Earth tilting it on its axis?

A number of astronomers agree that a large meteor or even a small planetoid collided with Earth in our distant past causing the extinction of the dinosaurs and the 23.5 degrees tilt in the axis of our planet. Where the difference in opinion occurs is usually over the actual dating of such an event.

I have actually laid down inside a dinosaur footprint in a fossilised riverbed (less than 10,000 years old under the compensated C-14 dating) where I saw a trail of many prints which led into the riverbanks along with human, fossilised footprints which were made in the same mud as those of the dinosaurs.

Stan Deyo is the author of "The Vindicator Scrolls" and "The Cosmic Conspiracy" and if you want to see him watch his video "UFO - An hour with Stan Deyo".

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Go with the **glow**

Auras are like rainbows that surround all of us but we discovered that some aura readers were more interested in finding the pot of gold. Michelle Tompkins found two women who see the true colours...

MRS BERGMAN

Can you describe what constitutes the human aura?
The aura is made up of seven distinct but overlapping layers. The layers radiating the shortest distance from the body relate to the physical. By the seventh layer, ending furthest from the body, the highest spiritual plane is represented. The complete aura is referrred to as the auric egg due to its shape.

Is the aura changeable?
It changes as a person evolves spiritually. Some parts change according to one's state of health. It flashes across and around the body. Pertaining to the emotions, green is the colour of jealousy and red can be anger or hatred. Red lightning bolts suggest a person is absolutely furious.

What are the chakras and how do they relate to the aura?
The chakras are points of energy like vibrating wheels, each with its own colour which is visible in the aura. There are seven major ones in a line from the base of the spine to the top of the head and twenty-one minor chakras. Diagnosis of a person's state of health can be made from an understanding of the chakras. All of these interrelated subjects are about the understanding and use of energy. Our thoughts are energy, they're electrical impulses. The universal law says that you have to put something into thought before it will physically come into being. You can surround yourself with the energy of your thoughts. How single minded you are and how clearly you visualise what you want will affect how much you attract. Representatives of the Catholic Church have been known to sit together and concentrate on a block of land they want for a new church site or whatever so they will get that particular land at auction.

Is that scrupulous?
Yes it is quite legitimate, they just attract to themselves what they want.

What if you meditate all day long upon the idea of being a famous musician when you have absolutely no musical talent?
It is said you can do anything if you put your mind to it, but I think you need to be realistic, on the other hand it just might not happen in this lifetime. If you are so fixed on one thing it would probably be at the expense of other aspects of your life.

I believe you have a theory for why healthy people become ill and die after they retire?
It's actually quite common. Sometimes people lose sight of personal goals and ignore and neglect their inner selves by throwing themselves into their work. When they retire some people like that literally have no reason to live. It happens in a similar way with elderly couples, one dies and the other passses on soon after...there's no reason to keep on going, so they don't. This can always be attributed to other causes, but the truth is we have far more control over ourselves and our lives than we realise.

If spirits return to human existence in order to learn particular lessons, how do we know that we're on the right track?
When you've worked through a problem, the problem is gone and wisdom has taken its place. If you panic and run away from a problem it will present itself again, perhaps in a different way...so, you need to stay calm and see it as a challenge. Get advice if you need it, but if the matter is personal ultimately the solution comes from within.

Sometimes I get a really strong feeling about a person from a handshake. Does that mean I am psychic?
No. That's intuition...the energy of the auras mesh and you literally feel the other person's vibrations. It's the same thing when a stranger walks closely by and an uncomfortable shudder goes through you...they've given you "bad vibes". Psychic refers more to the powers of a medium who may see things or see and hear, a spirit for example. There are prophetics too, who learn something relating to the future. They might see a number or symbol of significance or even the scene of an accident. Such images appear unexpectedly in flashes and are usually a warning.

Is that it or have you more to tell me?
We've only scratched the surface!

I understand you were brought up in an environment where you could talk openly about your spiritual experiences. Tell me about this aspect of your childhood.

I had what is often referred to as imaginary friends when I was very young. This gave my mother the hint that I was more spiritually open than my brothers. I was the youngest of four and had more quality time with my mother than the others and could share more of her knowledge. This was extremely helpful to me and mum was able to study my spiritual growth which was rewarding for her.

When you say imaginary friends, were they actually spirits?

Yes. It's not uncommon for children to have spirit friends but when they are told often enough it's only imagination they lose their receptiveness and the friends disappear. By about age eleven my friends had gone but by then I had started to see people's auras...so it was like a progression. It was as if I needed the security of knowing these people. There was an elderly couple and an absolutely gorgeous little boy who was my mate. He and I did all the things that kids do together. The couple were very friendly, companionable, compassionate people who acted like my conscience. It was a beautiful balance and I felt very centred with them. I believe that's how it all started...I was encouraged to see beyond this reality.

Was the appearance of people's auras a sudden thing?

No, I started out getting really strong feelings about people and had amazing insights into their character. I had a perspective on things that was rather developed for someone my age. My mother questioned me...well, how had I come to that conclusion... had I been overhearing her or whatever. All I could reply was that I just felt those things and I knew I was right.

You were quite confident that you were offering knowledge rather than your interpretation.

Yeah...and that was when my mother started giving me guidance to be responsible with what I knew. She explained that I obviously had an advanced insight into others, which was to be encouraged, but the universal law is that you mustn't affect anyone else.

Didn't people get curious when they knew you could do this party trick...and want to know all about themselves?

They certainly did but I didn't feel comfortable with that because I'm quite shy...also I had my mother's wisdom that we can't see or know everything so don't believe that what you see is all here. Because of that I realised that I shouldn't tell people about what I saw because the story may have been misleading or incomplete.

Obviously at some stage you saw colours. How did you know what they meant?

Every so often a pertinent book was left out for me just in case I was interested and of course I was. Books were helpful but mostly it was intuitive. I saw colours for a while but more and more I picked up on the feel rather than the appearance. I knew by the intensity of the vibration what colour it was and where it was.

You mean you could sense the subtleties?

Yes but that's not the hard part. If I ever tried to describe for example, a particular shade of red, it was impossibly difficult because there are so many reds in the world and the same colour in different positions could have diametrically opposed meanings. Also the intensity or purity of a colour will define its meaning and it could be dappled or streaky. So when you really get into this it's endless and there's so much wisdom to be gained.

As you knew more did you become curious and find yourself checking people out?

Yes I was curious, but because I was looking through my own aura into other's I needed to examine and understand myself. I had to come to terms with what vibrations I was giving out and what I could feel so I knew when it changed. We are all very complicated and the variations can be very subtle. I had to be in touch with that sensitivity and what it meant to me. I could only see from my own level of development.

Does this mean you could see in someone else only up to the equivalent level of spiritual growth in yourself?

That's right. There might be delightful things in other people but if you can't see such things in yourself how can you ever expect to see them in anyone else?

What about the darker side; if someone is full of malice and evil?

The aura would look murky but you shouldn't look for bad in a person, look for positive aspects and if there aren't any -that is your answer.

What is your advice to those who feel they might have experienced any kind of spiritual awakening?

Try not to block it out. There's no need to be scared, just go with the flow because it's all rather wonderful and there's so much you can learn.

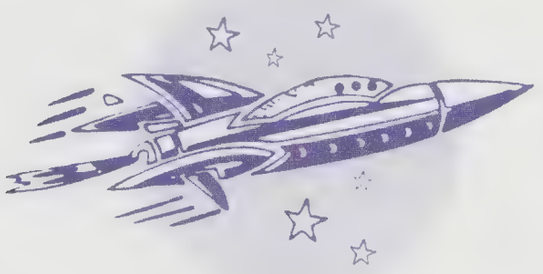
Let's see if I've got this right - spirits keep returning to the earth inhabiting new bodies to learn some more and further their spiritual evolution. Theoretically when all the spirits have finally reached a state of pure love and wisdom that could mean that there won't be any more demand for humans.

Wouldn't that be lovely! But what would happen to the Earth, I mean what a waste of a good planet - or is it?

SLEEPING WITH THE ANGELS

Astral travelling is a cheap way of flight but no excess baggage (ie. your body).

Brendon Davey has been casually astral travelling for 17 years. Ray Winter books the flight.



This one really mystifies me. How do you leave your body?
By having the willpower to concentrate and the determination to do it. It is like dreaming that you are awake and taking it from there.

Does it come naturally or did you have to work on it?
It didn't just happen for me, it required a lot of patience even though I always remember the Astral dreams of being conscious while asleep, travelling to different places at will exploring its limitations.

What is the difference between dreaming and Astral travel?
In a dream you're usually exposed to mixed feelings and emotions jumbled up and presented before you. When you remember a dream you're looking back to figure out what happened and even if parts are remembered they're often vague patches that just taper off to nowhere. In an Astral dream you are very much awake and the realisation of this can lead to travel at your own will. It is as if you are as conscious as you are when you're awake except you're in a different realm, where the destination that you choose is almost chosen for you, but there's no temperature, just awareness and feeling.

Is there some kind of method that you practice?
It begins at a time when you're very sleepy and about to drift off, in a dream-like state. At this point your act of will must be very strong even in an unconscious state of awareness. At this moment by concentrating going over the entire body recognising its existence, a detachment takes place. Your mind seems totally released from the confines of your body and you experience a freedom and expanded sense of awareness. Then you can "blackout" and find yourself back inside your body in an instant.

That sounds pretty scary.
At first it can be, but once you get to know it, it becomes easier. I guess it's always seemed familiar to me so it wasn't that frightening.

Where do you go?
My first encounter was an accident. I was thinking of some friends as I was going off to sleep. In a dream that night I found myself at their place in a very real way. The next day they strongly felt that I was there. This led me to wonder if I could control this thing.

Can you just take off at will to wherever you want to go any time?
No. For a start you've really got to want to and it usually takes a few goes to build the concentration up. I don't experience the famous Shirley McClaine cord connector of looking down upon your body before you take off. It is more like a feeling and a letting go. Sometimes you can control your destination but mostly you're taken to wherever it's going to be.

Are the destinations always good?
Yes, because you're in a state of conscious stability where you're an observer, the only real emotion being that of accelerating wonderment. So you're really detached from everything. It is like a living movie in a way but at the same time you know that it's not your awake state.

Is it like dying?
Well I'm still here to tell you about it so I'm not dead but it must come pretty close to it. To literally leave everything behind and move on into another world where you the being only exist in the midst of the creation seems pretty close to me.

Isn't it just another form of escapism?
From real to unreal or from unreal to real? You tell me the difference. If you can recognise reality- then you know.

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Jack Ryan (not his real name) is an undercover cop. Jack was in the Army for eight years and then voluntarily served in Vietnam as a rifleman. Disillusioned with life Jack joined the NSW police force to work undercover.

This is one of his stories.

I never settled down after the Army and Vietnam.

I needed adrenalin highs, great big curly ones. So in 1970 I joined the coppers and after a couple of years in a blue uniform I got myself into one of the undercover squads. I figured it might put the zap back in my head.

To give me time to grow my hair and learn not to wash, I got a job bouncing in a pub in the Cross and there I met Eva.

Eva was a hooker who always did pretty well for herself with the punters. She worked just up the road from the pub and when I worked the door I would watch her attract the punters by wrapping her legs around a light post and sliding up and down on it. She was off her face most of the time. She wasn't just digging the snake, she was riding it.

I met her one night when some arsehole was giving her a hard time and I sent him on his way with one under the ear. We became friendly after that and I think it surprised her that someone would help her and not expect anything in return. She used to yack at me, it passed some of the time for both of us and she told me that she had come down from Newcastle. She liked Sydney and I think the shit she put into her body and the big city lights turned her mind over and flattened it all out for her. We didn't have a lot in common but I think we developed an affinity out of the restlessness that we both shared.

Eva became part of the routine of my life and one night she didn't show up. I asked a couple of the other girls were she was but they didn't know and for a couple of days I didn't see her. Then after a week or so she turned up again as if nothing had happened and it embarrassed her when I told her that I missed her.

That night I bought her a cup of coffee and as she drank it I noticed that there were bruises on her shoulders. I asked her what had happened and she said she'd fallen over. I knew she was lying but left it at that.

One night she introduced me to Jockey. She said he was a boyfriend who looked after her. He was a heavyset, evil-looking prick covered in tatts. Jockey came from some suburban shithole and I gathered that he bummed around Sydney doing repossession work and bouncing pubs. He tried to impress me by saying that he'd fought prelims at Sydney stadium, but he didn't.

I hated the bastard straightaway. I knew he was poncing off Eva because she was frightened of him. She shuddered when he draped his arm around her shoulder and he radiated such power over her that it turned my stomach.

Not long after that I became operational and as well as working at the pub I was involved in other things around the city.
I didn't see Eva again for a couple of months and when I did she was losing it. She looked very sick, her eyes were empty and her skin looked like white parchment. Her arms and legs were covered in bruises and she was limping hard to con mugs.

I ran a check on Jockey through a friend of mine in the Intelligence Bureau. As well as all the usual priors for violent shit he had a history of running sheilas into the ground.

I was realistic enough to know that I couldn't help Eva but I entertained the notion that if I could get him off her back that it would help. I spoke to my supervisor about it but he wouldn't have a bar of it.

About this time I began to spin out.

My head was fucking up. I'd been doing so many wild things and leading such a dog's life that I was losing my grasp of reality. The work was intense and I was hyped up all the time. I didn't see my wife or kids for weeks on end and it was as if they didn't exist anymore. I had become so involved in this work that nothing else seemed real.

I was back at the pub one night and saw Eva. She told me that I looked shithouse and asked what was the matter. I couldn't tell her the truth so I said that I was in deep shit and drinking too much. Eva levelled me out. In her own way she was hard but the goodness in her found me and got me up for air. This woman knew nothing of what I was or what I did. To her I was another face slipping down the gurgler and she related to that.

The next time I was at the pub I looked for her but she wasn't there. I asked the girls if they had seen her but they all said no. One of them had a strange look on her face so I cornered her into an alleyway and forced her to tell me.

Eva's flat was a dingy little bedsit behind a railway station. When she let me in the door I could see in the half light that her head was bandaged and her face was red pulp. She made me a cup of coffee and we talked for a while. Neither of us mentioned her injuries. We talked and looked at each other miming the illusion.

When I left I promised myself that Jockey would fucking well pay. I would get him for this.

I shadowed a crim called Doc. He was a shithead. A crazy bastard who did armed stickups. I met him in a pub in Manly and then followed him as he walked to his boarding house. He stopped and walked up an alley to have a piss. I walked past and stopped to light a smoke hoping to pick him up when he'd finished.

It'd been about ten minutes and there was no sign of him so I walked back to the laneway and then stumbled into it trying to look like a derelict who was lost. Doc lay like a broken doll in front of me and I knew he was dead. I bent down and without touching him examined his face. The handle of a knife protruded from his throat just above the adam's apple and his eyes had already glazed over.

I stood over him for about twenty minutes. Whoever had wacked him had gone. It could have been anybody. Crazies like Doc are expendable. They have short lives. Without touching the body I withdrew the knife from his throat and carefully wiped the handle clean. Making sure that I didn't lose too much blood from the blade I put it in my jacket.

I got on the ferry to go back to the city. It was a beautiful night. The city shimmered across the water. Jockey wasn't hard to find. He was drinking in a pissy little bloodhouse in Liverpool.

I waited for him and when he came out I pulled up his coat and pinioned his arms with it. He started to scream in rage so I grabbed him by the hair and drove his head into a brick wall. He kept struggling so I did it again and this time his breath left him in a hiss.
I pulled his head back and broke his nose with the heel of my hand the way I'd been taught to in the Army.

I didn't have to do that. It was for Eva.

The handle of the knife I pressed into his right hand and then his left hand so his prints were on it and then I slid it into the waistband of his jeans. There was a phone box a couple of miles down the road so I walked there and called the jacks. I told them about the murder in Manly and that the head who did it was lying in Liverpool.

A week later I was sent up the north coast doing jobs and twelve months later I went back to the Cross.

Jockey hadn't gone down for Doc's murder but it had opened a can of worms for him and he'd been bricked on a couple of other things and was away for two years. I asked about Eva, she'd overdosed six months ago and was dead.

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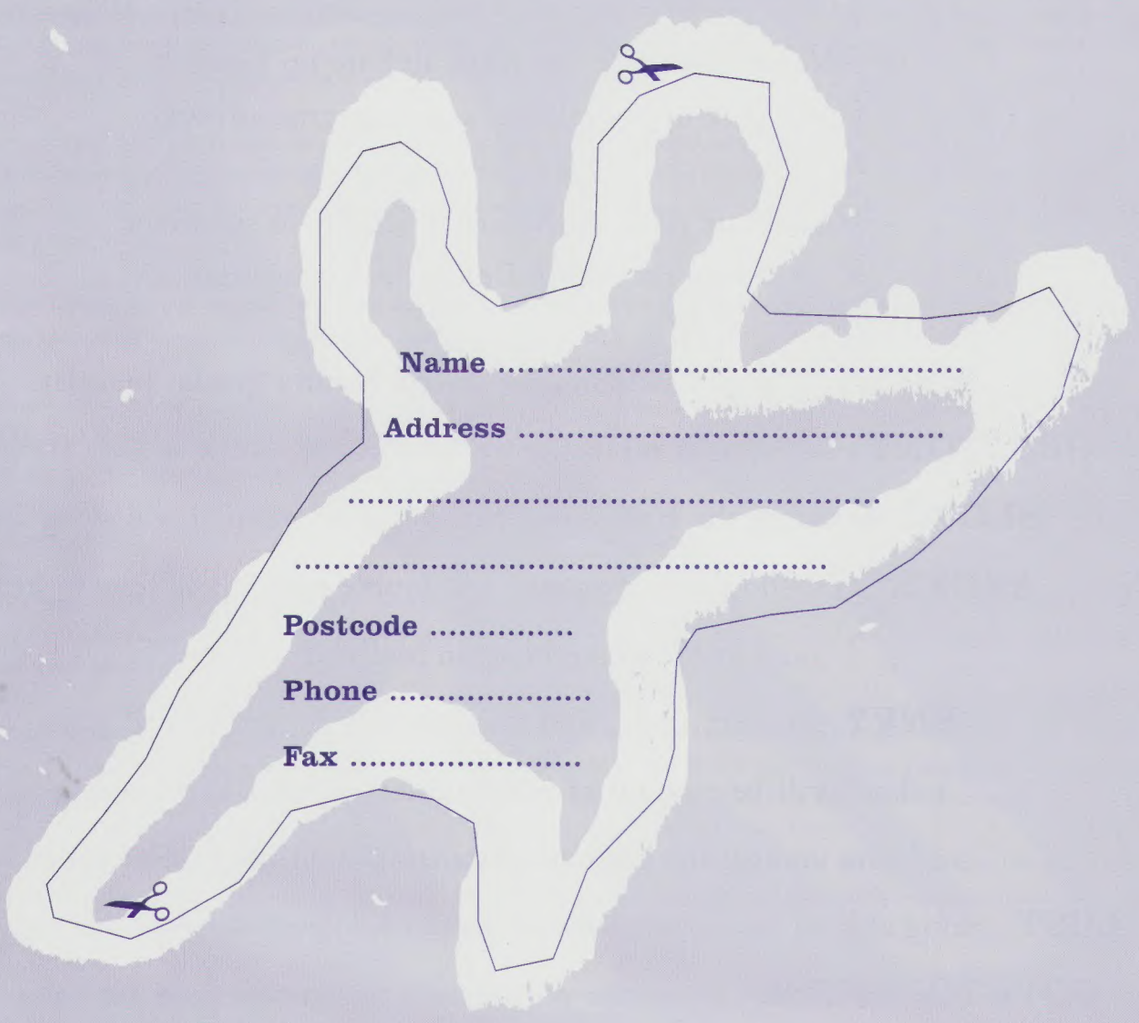

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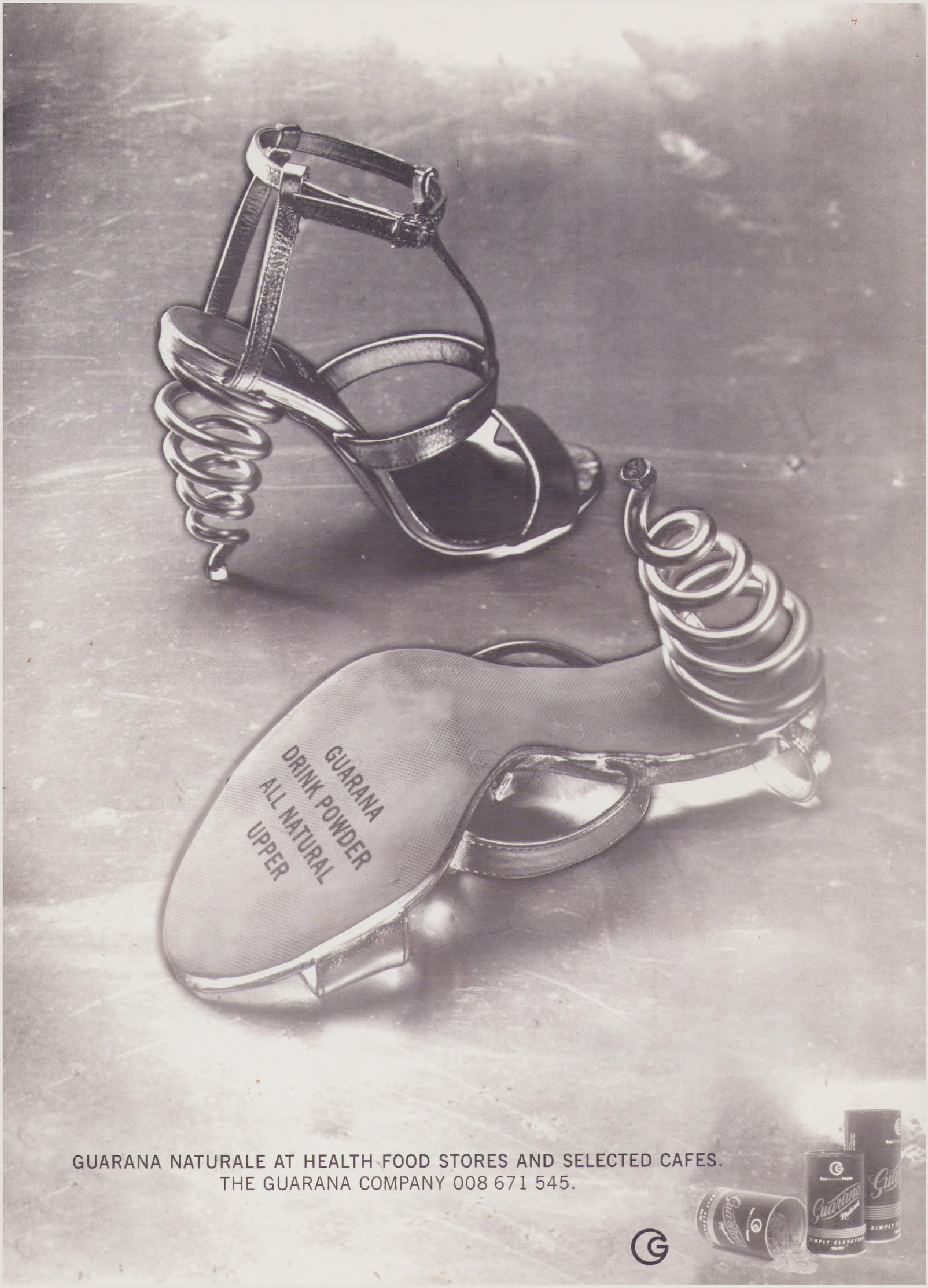

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